

Free Education Webinar!!

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Topic:

Creating a Culture of Consistency for Skin to Skin Holding

When: Friday, August 5, 2011

Time: 0900 Pacific Time /1200 Eastern Time



Do you practice skin to skin holding in your nursery? Is it consistently offered, done in a consistent manner, and provided on a consistent basis?

The benefits and research of skin to skin holding are well understood in the NICU but often times the implementation is inconsistent and dependent on the clinician caring for the infant. In this presentation we will discuss the common barriers to implementing skin to skin holding, practical tips for creating more confidence by using consistent practices and innovative techniques, as well as the importance of a well-coordinated team.

Our Learning Objectives:

- 1) Describe how to support a parent and intubated infant during a skin to skin transfer.
- 2) List two techniques to increase consistent practices for skin to skin holding in the NICU.



Our Presenter:

Kara Ann Waitzman, OTR has been a neonatal therapist for over 23 years at Miami Valley Hospital in Dayton, Ohio. She is the president of Creative Therapy Consultants and has been a nationally sought after speaker and consultant for the past decade. Kara Ann is co-developer of the Infant-Driven Feeding Scales™, developed *The Listening Touch Massage™* DVD, and has written articles and contributed to textbooks on Neuromotor Development, positioning and feeding.

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